



*Caring for individuals, families and the community.*

## **About OnTrack**

We are glad you have chosen to attend our program. We hope you find it a warm and inviting place and we are here to assist you in your recovery. Most participants that come to OnTrack have been referred by other mental health clinicians, either from the hospital, a clinic, school, or sometimes family. We are glad you are here, as we have a unique way of working with people who have had some type of experience with unusual thoughts or situations. OnTrack has a variety of professionals that offer education, talk therapy, prescription medication, health monitoring, vocational rehabilitation, and peer support. You are welcome to meet with any staff member as you are comfortable. Initially, you will meet with our counselors, but we also have a Registered Nurse, Psychiatrist, Supportive Employment and Education Specialist (SEES), and Peer Specialist to help you in any way we can. We will ask that you let us know your goals and who you would like to be involved with your care, such as a family member, friend, or other medical professional. We will not and cannot disclose any information about you or your care unless you tell us we can. Your information is always protected. You may see educational information about various topics in our waiting room. Please feel free to look around and discuss any questions you may have with our staff. Our primary purpose at OnTrack is to help you achieve your goals for health, school, work, and relationships.

**If you are having any problems at our clinic, or have general concerns, please do not hesitate to contact the Program Director, Kathy Dauscher, at 716-566-6188 extension x1412**

If you need to contact us, our contact information is listed below:

### **OnTrack**

430 Niagara Street  
Buffalo, NY 14201

**Phone:** 716-566-6188

**Fax:** 716-551-0891

### **We are open:**

**Monday:** 8am-4pm (or by appointment in the evening)

**Tuesday:** 8am-4pm (or by appointment in the evening)

**Wednesday:** 8am- 4pm (or by appointment in the evening)

**Thursday:** 8am-4pm (or by appointment in the evening)

**Friday:** Hours: 8am-4pm (or by appointment in the evening)

**Saturday:** Closed (or by appointment in the evening)

**Sunday:** Closed (or by appointment in the evening)

### **We are closed the following holidays:**

New Year's Day

Martin Luther King Jr. Day

Memorial Day

Independence Day

Labor Day

Thanksgiving Day  
Christmas Day

If one of these holidays falls on a Saturday, we will be closed that Friday. If it falls on a Sunday, we will be closed the following Monday.