



Caring for individuals, families and the community.

Delaware Summer Adult Services

The Delaware Summer clinic is located at the corner of Delaware and Summer. At this location, we provide individual Mental Health and Substance Use Counseling to adults ages 18 and up. In addition, we provide Medication Management, Peer Support Services, Psychiatric Rehabilitation Services (vocational/educational needs), Targeted Case Management, and Health Monitoring to meet the needs of the individual. As well as groups that are offered throughout the year including but is not limited to DBT and Harm Reduction.

If there is something that we do not offer that you think would help you in your recovery, our staff would be happy to refer you elsewhere to obtain those services.

If you are having any problems at our clinic, or have general concerns, please do not hesitate to contact the clinic at 882-3151.

BestSelf Behavioral Health

Delaware Summer Clinic
768 Delaware Ave
Buffalo, New York 14202
Phone: 716-882-3151
Fax: 716-886-4002

We are open:

Monday: 8:00AM-8:00PM
Tuesday: 8:00AM-8:00PM
Wednesday: 8:00AM-8:00PM
Thursday: 8:00AM-8:00PM
Friday: 8:00AM-4:00PM
Saturday: *Closed*
Sunday: *Closed*

We are closed the following holidays:

New Year's Day
Martin Luther King Jr. Day
Memorial Day
Independence Day
Labor Day
Thanksgiving Day
Christmas Day

If one of these holidays falls on a Saturday, we will be closed that Friday. If it falls on a Sunday, we will be closed the following Monday.