



*Caring for individuals, families and the community.*

## **Delaware Summer Adult Services**

The Delaware Summer clinic is located at the corner of Delaware and Summer. At this location, we provide individual Mental Health and Substance Use Counseling to adults ages 18 and up. In addition, we provide Medication Management, Peer Support Services, Psychiatric Rehabilitation Services (vocational/educational needs), Targeted Case Management, and Health Monitoring to meet the needs of the individual. As well as groups that are offered throughout the year including but is not limited to DBT and Harm Reduction.

If there is something that we do not offer that you think would help you in your recovery, our staff would be happy to refer you elsewhere to obtain those services.

**If you are having any problems at our clinic, or have general concerns, please do not hesitate to contact the clinic at 882-3151.**

### **BestSelf Behavioral Health**

Delaware Summer Clinic  
768 Delaware Ave  
Buffalo, New York 14202  
Phone: 716-882-3151  
Fax: 716-886-4002

#### **We are open:**

Monday: 8:00AM-8:00PM  
Tuesday: 8:00AM-8:00PM  
Wednesday: 8:00AM-8:00PM  
Thursday: 8:00AM-8:00PM  
Friday: 8:00AM-4:00PM  
Saturday: *Closed*  
Sunday: *Closed*

#### **We are closed the following holidays:**

New Year's Day  
Martin Luther King Jr. Day  
Memorial Day  
Independence Day  
Labor Day  
Thanksgiving Day  
Christmas Day

If one of these holidays falls on a Saturday, we will be closed that Friday. If it falls on a Sunday, we will be closed the following Monday.