



Caring for individuals, families and the community.

About Broadway Health Mall Counseling

We opened our Health Mall Counseling location in the Erie County Health Mall in April of 2014. We are a small clinic with three counselors currently. At this location, we provide individual mental health counseling. This means we work with people one-on-one on various areas of need, to include anxiety, depression, hearing voices or seeing things, stress management and major life changes. We offer different services at our clinic to help add to your mental health treatment. This includes Medication Management, Peer Support Services, Psychiatric Rehabilitation Services (vocational and educational assistance), Targeted Case Management and Health Monitoring (nursing/medical services). We run a weekly Dialectical Behavior Therapy Group that is cofacilitated by two counselors. Clients at this site can access our community pantry that is organized by the targeted case managers.

If you are having any problems at our clinic, or have general concerns, please do not hesitate to contact the Program Director, Elisabeth Burn, LMHC, (716) 422-2002 ext. 1362

If you or your other workers need to contact us, our contact information is listed below:

BestSelf Behavioral Health

Broadway Health Mall Counseling
1500 Broadway Street
Buffalo, NY 14212
Phone: (716) 422-2002
Fax: (716) 893-0128

We are open:

Monday: 8:00 AM to 7:00 PM
Tuesday: 8:00 AM to 7:00 PM
Wednesday: 8:00 AM to 7:00 PM
Thursday: 8:00 AM to 7:00 PM
Friday: 8:00 AM to 5:00 PM
Saturday: Closed
Sunday: Closed

We are closed the following holidays:

New Year's Day
Martin Luther King Jr. Day
Memorial Day
Independence Day
Labor Day
Thanksgiving Day
Christmas Day

If one of these holidays falls on a Saturday, we will be closed that Friday. If it falls on a Sunday, we will be closed the following Monday.