



Caring for individuals, families and the community.

About Mobile Mental Health

The Mobile MH clinic provides in-home services to clients who have difficulty attending appointments at a traditional outpatient clinic. Think of us as a “clinic on wheels” that comes directly to a client’s door. We have an interdisciplinary team and use a trauma informed/person centered approach. This means we work with people one-on-one on various areas of need, to include anxiety, depression, hearing voices or seeing things, stress management and major life changes. We offer different services at our program to help add to your mental health treatment and these can all be provided at our client’s home. This includes Medication Management, Peer Support Services, and Health Monitoring (nursing/medical services). If there is something that we do not offer that you think would help you in your recovery, our staff would be happy to refer you elsewhere to get that extra support.

If you are having any problems at our clinic, or have general concerns, please do not hesitate to contact Shamecca Dejarnette at (716) 954-9443 or Assistant Program Director Jillian Wagner at (716) 954-1756

If you or your other workers need to contact us, our contact information is listed below:

BestSelf Behavioral Health

Mobile Mental Health
1050 Niagara St
Buffalo NY, 14213
Phone: (716) 856-2587
Fax: (716) 995-4997

We are open:

*Monday: 8am- 4pm
Tuesday: 8am- 4pm
Wednesday: 8am- 4pm
Thursday: 8am- 4pm
Friday: 8am- 4pm
Saturday: Closed
Sunday: Closed*

We are closed the following holidays:

New Year’s Day
Martin Luther King Jr. Day
Memorial Day
Independence Day
Labor Day
Thanksgiving Day
Christmas Day

If one of these holidays falls on a Saturday, we will be closed that Friday. If it falls on a Sunday, we will be closed the following Monday.