



Caring for individuals, families and the community.

About North Collins Clinic

We opened our North Collins Counseling location about 20 years ago. Our Clinic has grown dramatically, now consisting of 13 Clinic counselors, 3 PROS counselors, 1 TCM / PRS counselor, 1 Doctor, 3 Nurse Practitioners, 1 Registered Nurse, 1 Licensed Practical Nurse, 1 medical assistant as well as several support staff. At this location, we provide individual and group mental health and chemical dependency counseling to adults, adolescents, and children. This means we work with people on various areas of need, including anxiety, depression, hearing voices or seeing things, stress management, and major life changes. We offer many different services at our clinic to help add to your behavioral health treatment. This includes Medication Management, Peer Support Services, Psychiatric Rehabilitation Services (vocational and educational assistance), Targeted Case Management, and Health Monitoring (nursing / medical services). If there is something that we do not offer that you think would help you in your recovery, please let us know so we can help you get that extra support.

If you are having any problems at our clinic, or have general concerns, please do not hesitate to contact the Program Director, Joellen Stender, at (716) 337-3706 x 1341.

If you or your other workers need to contact us, our contact information is listed below:

BestSelf Behavioral Health

North Collins Counseling
2101 Spruce Street
North Collins, NY 14111
Phone: (716) 337-3706
Fax: (716) 337-2723

We are open:

Monday: 8:00am – 4:00pm
Tuesday: 8:00am – 7:00pm
Wednesday: 8:00am – 7:00pm
Thursday: 8:00am – 5:00pm
Friday: 8:00am – 4:00pm
Saturday: closed
Sunday: closed

We are closed the following holidays:

New Year's Day
Memorial Day
Independence Day
Labor Day
Thanksgiving Day
Christmas Day

If one of these holidays falls on a Saturday, we will be closed that Friday
If it falls on a Sunday, we will be closed the following Monday.