



Caring for individuals, families and the community.

About Sweet Home Clinic

Our clinic opened April 1, 2018, with a handful of staff (6 people) and the intention of serving the Northtown communities. Little did we know, the need was greater as we outgrew our single suite with a current residence of 5 suites and approximately 54 staff consisting of counselors, prescribers, nurses, and various support staff. At this location, we provide services towards addressing various mental health and substance use concerns. This means we work with people one-on-one (and small groups) on various areas of need that include: anxiety, complex trauma, depression, emotional stress, food regulation, hearing voices or seeing things, obsessive behaviors, self-harming thoughts or behaviors, stress management, and major life changes. We offer a variety of services at our clinic to help add to the client's your wellness. This includes utilization of Evidenced Based Counseling, Medication Assisted Treatment, Peer Support Services, Psychiatric Rehabilitation Services (vocational and educational assistance), Targeted Case Management and Health Monitoring (nursing/medical services) – all with a personal and caring approach that will help you feel respected, valued, confident and hopeful. If there is something that we do not offer that you think would help you in your wellness, our staff would be happy to refer you elsewhere to get that extra support.

If you are having any problems at our clinic, or have general concerns, please do not hesitate to contact the Program Director, *Kevin Wright*, at 716-589-1411 x1409.

If you or your other workers need to contact us, our contact information is listed below:
Michelle Criswell – Assistant Program Director & Clinical Manager
Carlos Chavez-Rodriquez – Assistant Program Director

BestSelf Behavioral Health

Sweet Home Office
1412 Sweet Home Road, Suite 1-5
Amherst NY 14228
Phone: 716-589-1411
Fax: 716-276-3051

We are open:

Monday: 8:00am – 7:00pm
Tuesday: 8:00am – 7:00pm
Wednesday: 8:00am – 7:00pm
Thursday: 8:00am – 7:00pm
Friday: 8:00am – 4:00pm
Saturday: CLOSED
Sunday: CLOSED

We are closed the following holidays:

New Year's Day, Martin Luther King Jr. Day, Memorial Day, Independence Day, Labor Day,
Thanksgiving Day, Christmas Day

If one of these holidays falls on a Saturday, we will be closed that Friday. If it falls on a Sunday, we will be closed the following Monday.